



Messages

Phone Calls

Emails

SMS Texts

MMS Media Messaging

Blogs

Social Networking Sites

Photos

Send MMS

Attach to email

Upload to an online album

Upload to a Social Networking Site

Upload to a Blog

Messages

- Phone Calls: This is a connection over a telephone network between the calling party and the called party.
- Texts (SMS): SMS stands for short message service and is also called texting or text messaging. SMS messages or 'texts' are usually sent from one mobile phone to another, but can also be sent from some home phones. It is a quick and convenient way of sending a short message to someone.
- Emails: Electronic **mail**, most commonly referred to as **email** or **e-mail** is a method of exchanging digital messages from an author to one or more recipients.
- Social Networking: Social networking is the grouping of individuals into specific groups, like small rural communities or a neighbourhood. The internet is filled with millions of individuals who are looking to meet other people, to gather and share first-hand information and experiences.
- Blogs: A **blog** (a truncation of the expression weblog) is a discussion or informational site published on the Web and consisting of discrete entries ("posts") typically displayed in reverse chronological order (the most recent post appears first).

Photos

- MMS: Multimedia Messaging Service (MMS) is a standard in mobile messaging. Like SMS (Short Messaging Service), MMS is a way to send a message from one mobile to another. The difference is that MMS can include not just text, but also sound, images and video. It is also possible to send MMS messages from a mobile phone to an email address.

Formats that can be embedded within MMS include:

- Text (formatted with fonts, colours, etc)
- Images (JPEG, GIF format)
- Audio (MP3, MIDI)
- Video (MPEG)
- Attachment: As its name suggests this is a text document, image, sound or video file that is attached to an email.
- Upload: To transfer a file or files from one computer system to another.